



Central
Regional



Course

Pre-Enrolment Guide

Training Area:

Massage FZWSbk

Training Product:

HLT42021

Certificate IV in

Massage Therapy: >F&&'S#

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Your Future. Your Choice. Your TAFE.

Central Regional TAFE spans four regions and around 57% of Western Australia, with nine campuses delivering training that reflects the industries driving our state's economy. From the Midwest and Wheatbelt to the Gascoyne and Goldfields, our footprint is vast – and so are the opportunities.

Studying regionally connects you directly with the jobs that matter. With most agricultural, health, and construction roles based in regional WA, training close to home ensures you build skills where the demand is.

Each campus is shaped by its community and industries. Whether it's aquaculture on the coast, mining in the Goldfields, or agriculture in the Wheatbelt, we work hand-in-hand with employers to make sure your training is current, practical, and linked to real apprenticeships and work placements.

Wherever you live, your local campus is ready to help you succeed – while keeping skills, jobs, and opportunities right here in regional WA.





Your Campus. Your Training. Your Career.

At Central Regional TAFE, it's all about you. We're here to help you shape the future you want, with the right support every step of the way.

Learn from industry experts who bring real-world knowledge into the classroom and gain the confidence and skills employers are looking for. With over 300 nationally recognised courses – from Certificate I through to Advanced Diploma – plus a wide range of short courses, there's a pathway for every ambition.

We know life is busy, so our flexible and online study options help you balance training with work, family, and everything else you've got going on. Add to that payment plans and tailored support, and achieving your goals has never been easier.

Whether you're leaving school, changing careers, or upskilling, you'll find a place at TAFE – and a pathway to a future that works for you.

Train where you live. Build real skills. Shape a future that works – with Central Regional TAFE.

Course Information

HLT42021 Certificate IV in Massage Therapy

| | |
|---|---|
| Release number | 1 |
| Required number of units for course completion | <p>13 units must be completed:</p> <ul style="list-style-type: none"> • 10 core units • 3 elective units from the electives listed below. <p>All electives chosen must contribute to a valid, industry-supported vocational outcome.</p> <p>To access the full list of units, click on the link. https://training.gov.au/Training/Details/HLT42021/qualdetails</p> <p>Please see the table at the end of this document for the units offered in this qualification.</p> |
| Duration | 12 -18 months part time |
| Location | Kalgoorlie |
| Delivery mode | SPO (Self-paced Onsite) |

IS THIS COURSE RIGHT FOR ME?

Before you choose this course, it's a good idea to think about the skills and knowledge you might need. The information below will help you decide if the course is a good fit for you, or if there are areas where you might need some extra support.

Information you need to know about the course

Physical requirements

- Have sufficient physical ability to stand and/or bend and apply massage techniques with appropriate pressure for extended periods of time
- Deal with physical demands of manual tasks (e.g. bending, repetitive movements)
- Be comfortable with appropriate physical contact with individuals of differing cultures, genders and ages
- Be aware that performing massage treatments will require clients to discreetly disrobe to briefs
- Use equipment and other technology (e.g. computers, push wheelchairs, manual handling equipment)
- Have sufficient vision to safely perform the required range of skills

Emotional and mental readiness

- Be prepared to handle situations that could be emotionally sensitive or confronting.
- Be able to work with people living with disability, illness, chronic health conditions or age-related changes.
- Be able to support clients who may be distressed, non-verbal, anxious, or experiencing behavioural challenges.
- Demonstrate professional behaviour (e.g. punctuality, maintain confidentiality and respect personal boundaries and follow supervisor instructions)

Work environment requirements

You must be prepared to:

- Be able to follow instructions, work health and safety procedures
- Be able to work with others and relate to and respect people from a range of cultures and backgrounds
- Have good time-management and organisational skills to prioritise tasks
- Have good communication skills to interact with others respectfully
- Be able to develop sound computer skills and the use of software applications for online study (as required) and relevant to the workplace environment

Cultural considerations

- Be prepared to work with clients of different genders, cultures, languages or beliefs.
- Be prepared to provide support involving close physical proximity (e.g., assisting with therapy positioning, mobility practice or equipment set-up).
- Respect cultural protocols relating to touch, communication styles, and family involvement.
- Support Aboriginal and Torres Strait Islander clients in line with cultural safety principles.

Note: You are never expected to perform personal care tasks beyond your scope (unless specifically trained to undertake the tasks and under supervision).

Course and registration requirements

To participate in the course and meet industry expectations, you are required to obtain:

- National Police Clearance / Criminal Screening
- Working With Children Check (WWCC)
- Up-to-date immunisations — e.g., influenza, Hepatitis B
- Student uniform and enclosed footwear
- Completion of mandatory online induction modules (e.g., WHS, infection control, first aid,)
- First Aid (HLTAID011) is required
- You are expected to join the Association of Massage Therapists (AMT). The lecturer will provide details regarding membership after enrolment.
- You are expected to attend community or sporting events for the purpose of hands on practical training

Study commitment

- Be interested in anatomy and physiology which forms part of the learning content
- Be able to dedicate approximately 7 to 10 hours per week to study and assessment activities.
- Be willing to participate in lecturer mentoring sessions.

Review of your suitability and readiness for the course

If you feel you may experience significant challenges in meeting the requirements listed above this may indicate that the course is not the best fit for you at this time and another learning pathway could better support your learning needs.

The Student Business Systems team can discuss alternative options to help you choose the most suitable pathway.

Course description and pathways

Course description

This qualification reflects the role of massage therapists who provide general health maintenance treatments. It does not reflect the role of a remedial massage therapist. Therapists may be self-employed or work within a larger health service.

To achieve this qualification, the candidate must have completed at least 80 hours of work in a simulated clinical environment as detailed in the Assessment Requirements of units of competency.

The skills in this qualification must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this qualification at the time of publication.

Course pathways

On successful completion of the course, you may be eligible for employment as a massage therapist who provides general health maintenance treatments. Therapists may be self-employed or work within a larger health service.

You may wish to undertake further study in HLT52021 Diploma of Remedial Massage.

Further details can be found on our website [here](#).

National Course Entry Requirements

Nil.

Central Regional TAFE (CR TAFE) Entry Requirements

You must have a Unique Student Identifier (USI) to enrol in and complete any nationally recognised training in Australia. If you do not have a USI or need help getting one, we can assist you with the process.

BEFORE YOU ENROL, CR TAFE is required to review your language, literacy, numeracy and digital (LLND) skills to help you decide if the course is right for you, identify any support you might need, or whether other learning options may be better suited to you at this time.

Review of language, literacy, numeracy and digital literacy (LLND)

You are required to complete the online LLN Robot Quiz and the Course Ready Quiz to enable the lecturer to gather information about your language, literacy, numeracy and digital literacy skills. You will be provided with a copy of your results including supplementary learning materials to support you in areas that need further development.

To complete the Quizzes, You will need a current email address, computer or laptop and the internet.

You may wish to do the Quizzes at the Student hub where you will have access to a computer and the internet.

What happens after your LLND review

After the LLND review, the Student Business Systems Team will inform you of the result and the best way forward which may include:

- Proceeding to enrolment (if you have the required LLND to be able to undertake study in the course)
- Possible alternative learning options (if you do not have the required LLND for the course)
OR
- Refer you to the Course Lecturer if you wish to have further discussion about your LLND skills
- Any support that can be provided

Fees and Payments

Whether you are enrolling in individual units and/or full qualifications at CR TAFE, you are responsible for paying the enrolment fee for each unit you enrol in.

You will find detailed information about your course costs and how they are calculated on our website [here](#).

You can also check the drop-down box for FEES on your course page on the website which has details about the course fees.

Further information on:

- key payment terms and conditions
- availability of any relevant government training entitlements and subsidies
- our withdrawal and refund requirements

is available under the Fees and Payment Options section in the Student Handbook on our website [here](#).

Our Student Business Systems team can help if you are unsure about any fee information. Please refer to the Contacts section, on how to contact us.

Learning Resources

CENTRAL REGIONAL TAFE WILL PROVIDE the following resources for you to participate in this program:

- Simulated massage clinic (Rejuvenation Clinic) with access to clients of all ages and backgrounds.
- Blackboard Learn (Online Learning Management System) where you will have access to learning and assessment materials for the duration of your enrolment..
- Microsoft 365 suite for the duration of your enrolment (Outlook, Word, Excel, PowerPoint, OneNote, Teams, OneDrive)
- Adobe
- Access to the library facilities (online)
- Access to free Wi-Fi (on site)
- Access to the classroom for on-site classes

Resources you need to purchase through the College

- **Uniform**
- **Recommended Textbooks:**
 - **Text: Theory and Practice of Therapeutic Massage. Sixth Edition**
Author: Mark F Beck
Publisher: Cengage Learning
 - **Text: The Concise Book of Trigger Points. Third Edition**
Author: Simeon Niel-Asher
Publisher: North Atlantic Books

Resources and equipment you need to bring

You are required to provide (at your own expense) the following list of resources/equipment:

- Stationery (notebooks, pens, highlighters)
- Your own laptop for on campus study
- Access to a computer/laptop and internet for off campus study
- Enclosed shoes (non-slip, appropriate for healthcare settings)
- Uniform (purchased through the College)
- You are required to provide your own linen and launder it

CR TAFE online library resources

Our online library has a wide range of electronic resources useful to your course. You can find our online library on the CR TAFE website [here](#). Library staff are available to assist you as required.

Work Placement - On campus and in-person clinic

A **mandatory work placement** of least 80 hours of massage clinic work in the on campus and in-person clinic that involves:

- 40 hours of relaxation massage consultations including assessment and treatment and incorporating the following treatment techniques:
 - compressions
 - effleurage
 - friction techniques
 - gliding strokes
 - petrissage
 - rocking
 - tapotement
- clients from different stages of life with varied presentations.

The unit of competency that includes the 80-hour placement requirement:

- HLTMSG012 Apply relaxation massage clinical practice

Delivery Mode

This course is offered through the Self-Paced Onsite (SPO) mode of delivery that includes the following:

- **Face to face classes** –one day a week Thursdays 8.30am 5.30pm and once a month on Saturday 8.30am to 5.30pm
- **Structured out of class online activities** – provided by the lecturer on Blackboard (online learning management system) that must be completed in your own time. You are responsible for planning your study time and staying on track. You must ensure that you complete all tasks and assessments by the required dates.
- **Work Placement:** Mandatory work placement of 80 hours in the on campus and in-person clinic must be completed.

My Portal

There is a variety of information available to students on our website under [Current Students myPortal](#). Once you are enrolled, the Student Portal will allow you to view the following:

- My application - view the status of your application to study
- My payments - view your payment history and instalment plan details (if relevant)
- My study - view your course details, units and academic records
- My details - view and update your personal information
- My tasks - view any notices from Central Regional TAFE
- Blackboard - links directly to the Blackboard e-learning platform

Recognition of Prior Learning

Recognition of prior learning (RPL) means an assessment process that involves assessment of an individual's relevant prior learning and experience (including skills and knowledge obtained through formal and informal learning) to determine the extent to which the individual meets requirements specified in the training product. If you think you have existing knowledge and skills in one or more of your units of study, you may apply for RPL. Should you apply for RPL, you will be supported through the process by a lecturer. For further information visit our website [here](#).

Credit

Credit can be given if you have successfully completed a unit or module that has the same code or is deemed equivalent to one in your current course. You may have completed this unit/module at a Registered Training Organisation or at an alternate authorised organisation such as a university.

You will have to provide some evidence you have successfully completed the unit or module. This might include authenticated VET transcripts or other AQF certification documents like Statements of Attainment, Records of Results etc.

You won't be charged for credit. If you think this might apply to you, contact your lecturer to discuss eligibility, the application process and the evidence you need to provide.

Note: CR TAFE will not issue an Award or Statement of Attainment that is achieved wholly through crediting units completed at another RTO.

Appeals and Feedback

CR TAFE values student feedback and recognises that opportunities to improve products and services arise from the effective handling of student complaints. Complaints are processed in a way that balances the interests of students and CR TAFE while making sure the process is fair for everyone.

Students are supported to [provide feedback and make complaints](#). Students have the right to appeal decisions made by the lecturer/assessor and CR TAFE. For example, if you have concerns about your assessment results, please approach your lecturer to discuss the issue and/or refer to our website for details [here](#).

Student Support Services

CR TAFE aims to provide a supportive learning environment for all students. If you have any support needs, either before you enrol or during your course, we encourage you to speak with your lecturer or the Student Support Services team. CR TAFE will provide, or help you access, the support that can assist you in your studies.

Training Support:

You are encouraged to identify any training support that you may need before you enrol and at any point during your learning journey. This may include but not limited to:

- Study Skills
- Accessing and using technology
- Assessments
- Disability support
- Aboriginal and Torres Strait Islander support

Wellbeing Support:

CR TAFE is dedicated to supporting students and to providing a safe and inclusive learning environment for all students including a culturally safe learning environment for Aboriginal people. CR TAFE recognises that student wellbeing is important for a successful learning journey and may provide, or support access to, appropriate services where needed. Wellbeing support may include, but not limited to:

- Counselling and mental health resources (external)
- Career Services and Guidance (internal)
- Financial (fee and debt payment options, scholarships) (internal)
- Abuse, harassment, bullying (internal and external)
- Crisis and Support Lines (external)
- Support for Aboriginal students (internal and external)
- Aboriginal Counselling Support (external)
- Support for students with disability (internal and external)
- Support for international students (internal)

For confidential, no obligation contact information for wellbeing support, please contact our Student Support Services team who can help you with more information on how to access these support services, or go to our [website](#).

Contacts:

Lecturer contact details:

Name: Tanya Kemp

Phone number: 08 90886846

Email: Tanya.kemp@crtafe.wa.edu.au

Building: Allied Health Classroom

Availability: Thursdays 8.30am to 5.30pm in class and on other working days can be contacted via phone and email during business hours

To speak to our Student Business System Team, Student Support Services Team, our Technical Support Team, Aboriginal Support Services or your local Access and Equity Inclusion Officer, contact: 1800 672 700 or enquiries@crtafe.wa.edu.au.

Alternatively, you can complete an online enquiry form <https://www.centralregionaltafe.wa.edu.au/contact-us>.

For help with all things career, training and employment, contact our Jobs and Skills Centres at either our Geraldton, Kalgoorlie or Northam campuses, or call 13 64 64 or go to www.jobsandskills.wa.gov.au.

Award

Upon successful completion of this course, you are entitled to an Award and a Record of Achievement. Should you not have successfully completed all the units of competency required for the Award, you are entitled to a Statement of Attainment for the individual units for which you have been assessed as competent.

Further Resources and Information

More information can be found in our Student Handbook, available for download off our website [here](#).

Licensing/Registration Requirements that Apply on Completion

Not applicable.

Notification of Changes to the Course

You will be informed in writing by your lecturer of any changes that affect your course after enrolment. You will be supported throughout the change to ensure there is minimal disruption to your learning journey.

Timetable and Training Hours

The timetable provided helps you plan your week and understand your study commitments. The timetable shows which days and times you need to attend training. It helps you plan ahead and manage your participation.

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------|--------|---------|-----------|---|--------|
| 8:30 am- 12:00 pm | | | | Rejuvenation Massage Clinic on campus | |
| 12:00 pm - 12:45 pm LUNCH BREAK | | | | | |
| 12:45 pm- 5:30 pm | | | | Rejuvenation Massage Clinic on campus | |

Note: Classes are also conducted once a month on Saturday 8.30am to 5.30pm.

Overview of Training Hours and Assessment Methods

The table below outlines the units you need to complete. It shows the types of training you are required to do, approximately how much time they should take, and how each unit will be assessed. This will help you understand how much time you will need to set aside for each unit you are enrolled in.

| Stage | National ID | Unit Of Competency | Face to Face | Workshops | Work Placement | Structured Out Of Class Activities | Tutorial Study Support | Total | Assessment | Delivery Mode | Core / Elective | Pre-Requisites National Code/s |
|------------------|-------------|--|--------------|-----------|----------------|------------------------------------|------------------------|--------|------------|------------------|-----------------|--------------------------------|
| Semester 1 | CHCCOM006 | Establish and manage client relationships [AVC28] | 20.00 | | | 10.00 | | 30.00 | 5.00 | Blended Delivery | Core | |
| | CHCDIV001 | Work with diverse people [AVC09] | 20.00 | | | 10.00 | | 30.00 | 5.00 | Blended Delivery | Core | |
| | CHCLEG003 | Manage legal and ethical compliance [AVB80] | 30.00 | | | 35.00 | | 65.00 | 5.00 | Blended Delivery | Core | |
| | HLTAAP002 | Confirm physical health status [AVB18] | 25.00 | | | 20.00 | | 45.00 | 5.00 | Blended Delivery | Core | |
| | HLTINF004 | Manage the prevention and control of infection [AVA30] | 20.00 | | | 10.00 | | 30.00 | 5.00 | Blended Delivery | Core | |
| | HLTMSG009 | Develop massage practice [OEO65] | 20.00 | | | 20.00 | | 40.00 | 5.00 | Blended Delivery | Core | |
| | HLTMSG010 | Assess client massage needs [OEO47] | 40.00 | | | 40.00 | | 80.00 | 8.00 | Blended Delivery | Core | |
| | HLTMSG011 | Provide massage treatments [OEO34] | 50.00 | | | 60.00 | | 110.00 | 5.00 | Blended Delivery | Core | |
| | HLTWHS004 | Manage work health and safety [WG741] | 25.00 | | | 10.00 | | 35.00 | 5.00 | Blended Delivery | Core | |
| Semester 1 and 2 | HLTMSG012 | Apply relaxation massage clinical practice [OEO55] | 20.00 | | 80.00 | 10.00 | | 110.00 | 5.00 | Blended Delivery | Core | |
| Semester 2 | CHCCCS001 | Address the needs of people with chronic disease [AVC76] | 25.00 | | | 20.00 | | 45.00 | 5.00 | Blended Delivery | Elective | |
| | CHCPRP005 | Engage with health professionals and the health system [AVB45] | 20.00 | | | 10.00 | | 30.00 | 5.00 | Blended Delivery | Elective | |
| | HLTMSG015 | Adapt massage treatments to meet specific needs [OEO19] | 30.00 | | | 30.00 | | 60.00 | 5.00 | Blended Delivery | Elective | |
| | | Total | 345.00 | 0.00 | 80.00 | 285.00 | 0.00 | 710.00 | 68.00 | | | |

Assessment Methods

For this course, assessments may include the following:

Knowledge questions: This involves answering questions, either orally or in writing, relating to the unit of competency.

Observations: This involves your assessor or a third party (workplace supervisor) observing you perform tasks in the workplace and/or simulated workplace to check that you have the knowledge and skills required for the unit of competency.

Project: This involves completing tasks or activities in the workplace and/or simulated workplace to show that you can apply the knowledge and skills required for the unit of competency.

Portfolio: This is a collection of evidence you put together, such as documents, examples of your work, or completed activities, to show that you have the knowledge and skills required for the unit of competency.

Note: The specific assessments required for each unit of competency will be outlined in the Training and Assessment Plan (TAP) for that unit. You will receive a copy of the TAP for each unit when you enrol.



RTO: 52789

 1800 672 700

 enquiries@crtafe.wa.edu.au

 centralregionaltafe.wa.edu.au



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